



# PIKA KURA PULKARINGKUNYTJAKUTAWARA PALYALKATIMA KUNPUNGARAMA

## KUTJUPA WIYARINGKUNYANGKA SORRY-NGKA NYINANYTJA

**WALYTJA WIYARINGKUNYANGKA NGANANA  
PANYA TJAKA TJITURUTJITURURIPAI KA  
KUWARI WITU-WITURINGU CORONAVIRUS  
(COVID-19) WIRKANKUNYANGKA.**

Panya Anangu mungilyi pitjapai funeral-paku palu kuwari nyanga Anangu tjuta putu tjunguringanyi pika panya COVID-19 ngaranyangka. Tjinguru tjuta tjunguringkula pika mantjilku.

Kuwari panya ara kutjuparingulta Anangu tjuta funeral-pangka tjunguringkunyajawiyaku. Ka ara panya ma-tjainytjiriku. Ka ara kuwaritja nyawa [www.covid-19.sa.gov.au](http://www.covid-19.sa.gov.au)

Purkarari kulintja pulkatjara nyinara. Kurunpanku kulinma palyanyku nyinanytjikitjangku.

Nyurayanku wirura atunymanama mukulyangu palu pampuntja wiyanguk wantima. Tjinguru funeral-pa ngulaku wanti munta tjingurun kutjupa nguwanpa kulilku munu walytja tjutakulta tjukurpa wiru tjuta ma-iyanna.

## TJINGURUN NYUNTUMPA KAWALIRA KURUNPA TJITURUTJITURURIRA TJAPINMA NYUNTUNYA ALPAMILANTJAKU:

- AHCSA Rising Spirits Grief and Loss website: [www.aboriginalgriefandloss.ahcsa.org.au](http://www.aboriginalgriefandloss.ahcsa.org.au)
- SA Aboriginal Mental Health Support and Advice Line (Thirilli): 1800 841 313
- SA COVID-19 Mental Health Support Line: 1800 632 753 (8am to 8pm, 7 days)
- Emergencies: 000
- Lifeline Australia: 131 114
- Mensline Australia: 1300 789 978
- Kids Help Line: 1800 551 800
- 1800 RESPECT or 1800 737 732 for confidential information, counselling and support
- Suicide Call Back Service: 1300 659 467
- Alcohol & Drug Information Service (ADIS): 1300 131 340

