

# STOP THE SPREAD

STAY STRONG

## WHAT IS COVID-19 (CORONAVIRUS)?

COVID-19 IS AN  
ILLNESS CAUSED BY THE  
CORONAVIRUS. IT CAN  
BE VERY DANGEROUS  
FOR OUR COMMUNITY



## WATCH OUT FOR THE SIGNS AND SYMPTOMS:



FEVER,  
SWEATS &  
CHILLS



SORE  
THROAT



COUGH



RUNNY  
NOSE



TIREDDNESS  
OR FATIGUE



TROUBLE  
BREATHING



LOSS OF  
TASTE



LOSS OF  
SMELL

## IF YOU HAVE ANY OF THESE SYMPTOMS:

- Stay at home
- Phone your local health service, or the 24-hour **National Coronavirus Information Line on 1800 020 080**
- If you need urgent help, **call an ambulance on 000** or your local clinic

**KNOW THE SIGNS,  
GET HELP EARLY.**

## FURTHER INFORMATION

SA Government COVID-19 website  
[www.covid-19.sa.gov.au](http://www.covid-19.sa.gov.au)

AHCSA COVID-19 website  
[www.ahcsa.org.au](http://www.ahcsa.org.au)