

COVID-19 FAQs

Emergency Management (COVID-19) (Isolation Following Diagnosis or Close Contact) Direction 2020

South Australia assesses the current situation against the recommendations of the Prime Minister. It has been determined by the State Coordinator Commissioner, Grant Stevens that South Australia is currently in a better situation than other states. He feels that the current restrictions are working well in flattening the curve. This situation is assessed on a day to day basis and decisions will be made on any further restrictions according to advice from SA Health.

Who needs to self-isolate / self-quarantine for 14 Days?

People who:

- have arrived from overseas travel from any country
- have arrived from interstate on or after 22 March (some [exemptions](#) apply)
- have been in close contact with a confirmed case of COVID-19 and have been advised to self-isolate

In South Australia, if I test positive to COVID-19:

Do I have to isolate?

Yes, you must remain at your premises for a period of time determined by your treating medical professional.

How do I get home if I have received a positive test?

You must take the most direct and practical route to arrive at your premises.

What if I live with other people?

You have to remain isolated and segregated from other people from the period determined by your treating medical professional.

Can I leave to get food?

No, you have to stay at home and get items delivered by the company or a friend/ family member.

Can I leave to get supplies from the chemist?

No, you will have to get items delivered by the company or a friend/ family member.

How long do I have to be isolated for?

A person authorised under the Emergency Management Act 2004, who has contacted you will give directions, but it is usually about 14 days.



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If I've tested negative, do I have to remain in isolation for 14 days?

If you get a negative test and providing you are not otherwise unwell you can leave isolation. However, this does not apply to those people who have been told to quarantine when returning to the state/country – for example you can't come in from Victoria, go get a test and then not quarantine for the mandatory 14 days.



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