

STOP THE SPREAD

STAY STRONG

**PROTECT
YOURSELF AND
YOUR MOB.**

**GET A FLU
SHOT.**



DID YOU KNOW WE CAN GET A FREE FLU SHOT UNDER THE NATIONAL IMMUNISATION PROGRAM?

Anyone aged six months and over should get a flu shot.

A flu shot or vaccination will not protect against coronavirus but it is an effective defence against the flu.

Vaccinating against the flu will reduce the risk of a dangerous double-up of flu and coronavirus (COVID-19) – both diseases affect the respiratory system.

A flu shot can also reduce the need for you to go to the clinic or hospital for medical care at a time when the health system is already busy.

Contact your local clinic or health service to arrange a flu shot today.



**PHONE
AHEAD**



**VISIT
CLINIC**

FURTHER INFORMATION

SA Government COVID-19 website
www.covid-19.sa.gov.au

AHCSA COVID-19 website
www.ahcsa.org.au



**Government
of South Australia**



**Aboriginal Health Council
of South Australia Ltd.**

our health, our choice, our way