



Public Activities Chart Level 5 Requirements

Stay at Home Restrictions

People are permitted to leave their house for the following:

Community activities including business, professional, educational, and academic and government activities must not be undertaken unless otherwise stated below.

People must:

- Go home as soon as practicable once the stay at home restrictions are in place. A person must travel by the most direct and practicable route home within 24hrs
- Must travel the most direct and practical route and means when leaving the house for any essential reason. Note people can use public transport to do so
- Reside at their usual place of residence for the stay at home period
- Wear a mask covering their nose and mouth when in public places
- Only leave their house to obtain essential goods and services, for care and compassion reasons, as an authorised worker, for exercise and other reasons e.g. an emergency or legal requirements
- Work from home where possible

As Essential Workers

- A person is permitted to leave home to undertake duties as an authorised worker. For a list of essential workers visit: [covid-19.sa.gov.au](https://www.covid-19.sa.gov.au)

For Essential Goods or Services

- Only one person per household per day may leave the premises for obtaining Essential goods or services.
 - A person may be accompanied by a dependant or a person for who they provide care for if it is not practical that they stay at home.
- A person is permitted to leave home once a day for the purpose of obtaining Essential goods or services only from the following places:
 - A grocery store, supermarket, butcher, bakery, fruit and vegetable store or fishmonger;
 - An indoor or outdoor market (but only to obtain groceries or fresh food and not for the purposes of the purchase or consumption of food or beverages prepared on site);
 - A restaurant, café, bar, hotel, club or winery but only for the purposes of obtaining takeaway food or beverages;
 - A bottle shop or tobacconist (including vape stores);
 - A financial institution;
 - Consular and diplomatic services;
 - A post office;
 - A newsagency;
 - A pharmacy;
 - A hardware store;
 - A petrol station;
 - Vehicle towing, repair and mechanical services
 - A distribution centre;
 - A pet store or veterinary clinic;
 - Urgent services necessary for the health and safety of any person, animal or premises; and/or
 - Premises to collect online or phone retail orders.

***IMPORTANT- People must only attend the above places to obtain an ESSENTIAL service or for an ESSENTIAL reason. For example, attending a hardware store to purchase paint to paint your house is NOT an essential reason but you could attend the hardware store to purchase goods to fix a broken pipe.

For Care and Compassionate Reasons:

- For shared parenting arrangement (court or otherwise);
- To provide care and support to a relative or other person who has needs because of homelessness, age, infirmity, disability, illness or chronic health condition or other health reasons including mental or pregnancy;
- To escape Domestic Violence;
- To provide end of life support to immediate family;
- To provide child minding assistance so parent or guardian can leave as an essential worker or other defined reason; and/or
- To supply food to and care and exercise of animals situated from home if no one available to provide this to them.

- A single person over the age of 16, who does not live with a spouse or other partner is able to visit another person (including a friend, relative, support person or a person they are in a relationship) if:
 - The single person is the only person in the house at the time at the visit; or
 - The single person is a sole parent and the only other people present in the single person's home at time of the visit are children; or
 - The people were in a relationship prior to the Level 5, Stay at Home Direction.

To Exercise

- To exercise (including walking a pet animal) provided it is not for longer than 90mins and no further than 2.5km of:
 - person's home and is only with people who live with them; or
 - person's work place if they are an essential worker. Can only be done before, after or during work hours.

Masks are not required unless unable to physically distance.

Additional Reasons to leave home:

- To obtain essential health services;
- To obtain a COVID-19 vaccination;
- To undergo a COVID-19 test;
- To Access childcare services, or primary or secondary education for a child if:
 - The child is a child of an authorised worker; or
 - The child resides in the care of the State
- There are circumstances of vulnerability determined by a government agency, school, funded family or family violence service, and education or care outside the family home is considered necessary.
- For an emergency or on a severe or higher fire rating day in their area;
- To comply with legal requirements for attending a police station or court;
- To donate blood or other related products; and/or
- To enter another state or territory if permitted by the entering place, leave Australia if permitted.

Masks:

Masks must be worn in the following locations:

- passenger transport services
- public places
- health care services
- high risk settings.

Must cover the nose and mouth.

Masks are not required:

- at a primary or secondary school
- while the person is undertaking outdoor exercise (unless unable to physically distance).
- if directed by the court or tribunal in proceedings.

People are not required to wear a mask if they are under the age of 12yrs, if they have a relevant medical condition, the ability to see the mouth is essential for communication, the removal is required for ID purposes, when a person is eating or drinking or are carrying out functions as an authorised worker.

Contact Tracing System and Records:

- Members of the public must sign in using the approved COVID SAfe Check-In system when entering a relevant public place.
- The use of QR Codes is vital in stopping the spread of COVID-19 within the South Australian community.
- Members of the public are reminded that they required under the Direction to ensure that their details are captured by the relevant system.

Density and Physical Distancing:

- The density requirements of 1 person per 4 square metres still apply at places that are permitted to remain open as above.
- People must use their best endeavours to implement physical distancing and remain 1.5m from people they do not know.

These restrictions are subject to modification by an associated Direction.

Information updated 21 July 2021

This is a guide only. Go to [SA.GOV.AU](https://www.sa.gov.au) to view specific requirements relating to your personal circumstances.